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TECHNOLOGIES OF EVOLUTION

MAP OF HARMFUL AND USEFUL HABITS:

In the Habits Map, we test the effects of Ancient egregors, which have a positive and negative impact on health, behavior, situations, motivation. As well as some complexes from the fields: food, sports, study, etc.

SPORT

- **The presence of dedications that encourage sport:**

- **Dedication of Pluto - 0.2 units**
/ Stimulates the desire to engage in sports, fitness, athletics / strengthens motivation to sports
- **Dedication of Ares, Hercules - 0 units**/ Increase physical strength / gives a tendency to weightlifting and martial arts
- **Dedication of Poseidon - 0 units**
/ Stimulates the desire to engage in swimming, sea travel, / protects seamen
- **Extraterrestrial dedication of the sport - 1 unit**
/ Stimulates to engage in sports and athletics / this is a leading dedication, which stimulates to engage in sports. We recommend to start with this dedication to get motivation in sports.

- **Complexes to the sport:**

- a negative attitude to the sport - 0 units
- an attitude to excess physical stress - 2 units // 0 units of the EP
- reaction to the victory (negative attitude to victory / do not want to win) - 0 units
- reaction to defeat - 0 units

- **Complexes to individual sports:**

- a negative attitude towards running, athletics - 0 units
- a negative attitude towards swimming - **2 units**
- a negative attitude to working with weights, weightlifting - **0 units**
- a negative attitude to the collective sports - 0 units

- **The key complexes of activity:**

- a complex to walk - 0 units // 0 units of the EP
- a complex to move - 0 units
- a complex to be physically active - 0 units

- negativity to the cold water – 2 units

/ stresses from the past, when it was necessary to go somewhere, move, be active, but the weather was bad, the person was very tired, etc. - these stresses cause reluctance to walk, move, be active /

REVIEW: Cleaning of the complex to run / Anton

They cleaned me a dislike for running. Now I will leave the house, and notice myself already running. It became natural to run, thanks!))



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Note:

Negative dedications can be adjusted (removed).

Dedications with the qualities you need from the list can be set and strengthened.

Adjusting dedications will help improve the situation with health, some situations, relationships.

Setting useful dedications will strengthen the qualities you need.

Note - characteristics of dedication:

0-1 - weak signal, 1-2 medium signal, 2-3 strong signal.

In the Habit Map, only the Ancient Dedications, established in past incarnations, are tested.

Dedication of sport of 1 stage is put with a force of 3 units
sets the motivation to actively engage in sports.

Dedication of 2 stage - increases the range of energy, the signal is stronger, more stable,
multifrequency. All parameters increase.

Cost adjustment of one complex: 25 USD:

The cost of setting a Dedication of Sport: 100 USD / 1 level, 300 USD / 2 level.



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Healthy nutrition:

Psychological complexes, related to nutrition:

- fear of hunger (discomfort as soon as you get hungry) -
- fear of running out of food - 0 units
- negativity to the hungry state - 0 units

- desire to eat (psychological hunger, to eat something) -
- desire to overeat -
- desire to eat a lot -
- desire to eat something - 0 units
- desire to eat quickly - 0 units

- desire to eat meat - u / aversion to meat -
- desire to eat fish - / aversion to fish -
- desire to eat fat food - / aversion to fat food -
- desire to eat sweets / aversion to sweets -
- desire for wheat - 0 units / aversion to sweets -
- desire to eat fried food - / aversion to fried food -
- desire to eat fruits - / negativity to fruits - 2 units
- negative attitude to cereals (porridge) -
- negative attitude to vegetable food (vegetables) -
- negative attitude to soups -

- disgust associated with food (for example, to hair in food) -
/ should be removed only when you need to increase the weight /
- eating when you are nervous - 2 units
- positive reaction to the type of food -
/ person sees food and hunger appears /

Note:

Weight issues may be related to sporting and nutritional factors. Dedications that you have been put in the past are being tested.



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REVIEWS:

REVIEW: Cleaning of complexes to food / Veronica

For the last work - a low bow and many thanks!!! I'm ready to cry from the fact that I began to eat less, really just as a feeling of hunger appears, I ran to eat. About thyroid - I will soon be examined and later I will write to you about it, but not pleasant, tightening sensations are felt less. I thank you that you share your technology with people.

REVIEW: Cleaning of complexes / Alexandra

Good afternoon, I would like to leave a review after working with the child, your masters cleaned him two complexes - the fear of hunger (discomfort as soon as you get hungry) and the desire to eat from the higher plans. I observe how the child has become more patient in waiting for food, not naughty, when he needs to wait, it became easy for him to "hold out" from lunch to dinner, and earlier, barely leaving the table, he started asking for more and more food, I just didn't understand how and why a child wants to eat so much! After ordering the Habits Map, everything became clear to me. Huge gratitude to you all!

REVIEW: Cleaning of complex desire to overeat / Victor

After cleaning the complex, the desire to overeat has been reduced about three times when I overeat. At some point, there is a feeling of "Stop". Enough.

REVIEW: Cleaning of complex desire to overeat / Nadezhda

I can look at the tasty thing that lies on the table and leave it for later. Previously, it did not work.



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STUDYING, TRAVELLING, RELAXATION

- **Dedication of Polyglot- 0.3 units**
/ Gives the inclination to learn foreign languages
- **Elven dedication - 0.6 units**
/ Dedication into the deity of the elven period, which gives a tendency to learn and beauty -

Extraterrestrial Dedication, which gives the inclination to study -

Attitude to the wild:

It happens that people have an uncomfortable attitude to the city, and sometimes to the wild nature, which reduces pleasure and limits the options for leisure, work and travel.

- attitude to the wild nature - 0 units
- attitude to the forest -
- attitude to rivers, lakes
- seas, oceans -
- steppes, swamps -
- tundra -
- jungle -

Attitude to domestic discomfort -

Complexes: - unwillingness to travel - 2 units

Complexes in the area of studying, science:

- negative attitude to reading - 2 units
- negative attitude to writing / with a pen - 0 units
- negative attitude to writing / essay - 2 units
- attitude to the arts - 0 units
- attitude to individual species
- - music lessons -
- - dancing -
- - singing -
- - attitude to drawing - 0 units

- complex in relation to mathematics, exact sciences - 3 units
- attitude to languages - 0 units
- negativity to talk in foreign languages, to communicate in foreign languages: 2 units

- attitude to countries - to the German language and Germany - 3 units
- attitude to countries - to the English language and England - 2 units
- attitude by countries - to the Spanish language and Spain -
- attitude to countries - to the Latin language and Rome -
- attitude to countries - to the French language and France - 0 units
- attitude to countries - to the Portuguese language and Portugal -
- attitude to countries - to the Arabic language -



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- attitude to countries - to Asian and Asian languages –
- **Dedication blocking the study of foreign languages –**
 - negative attitude towards school -
 - negative attitude towards teachers - 0 units
 - attitude to own students - 0 units
 - attitude to teaching - 0 units

 - attitude towards exams (negative, stress) -
 - stupor before the performance at the board - 3 units
 - stupor before doing homework -
 - negativity to homework -

 - fear of bad grades -
 - arguing with teachers -

 - to be late -
 - to set aside for later (concerns homework and educational material) -
 - to do something else instead of an important thing -

NOTES:

QUESTION: And if I'm not in school now, I don't need it?

ANSWER: Even if now you have already finished studying, then if you do not remove the complex, problems will arise in the next life.

REVIEW: Cleaning of complexes / Alice:

About my daughter - we had a big problem with studies and her strong reluctance to listen to someone and learn! She refused!

With her, we cleaned complexes to learning, 2 or 3 pieces, the reluctance to listen and blocking of thinking was removed.

Now, over the evening, we can learn a couple of poems, write a page in cursive and solve more examples in mathematics! This is a breakthrough, a great result. THANK YOU VERY MUCH, WE HAVE RADICAL CHANGES IN YOUR FAMILY FOR THIS YEAR!



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BAD HABITS:

- Hettyda's dedication (motivational moments of unwillingness to work, the desire to get everything at once, the desire to swear, not succeed in life, problems in family life): 0 units
- Dedication, stimulating anger, causing harm to people around you and yourself: 0 units
- Dedication, programs, connection with other Deities, which stimulates the consumption of alcohol: 1 unit
- Having a connection with Deities that stimulate smoking: 1.5 units

Special offer. When adjusting the dedications of alcoholism and smoking the following are removed as a bonus:

- The presence of links with the elements who want to use drugs:
- The presence of positive memories of the use of drugs, which can stimulate consumption:

The pursuit of pleasure:

- Complex desire for pleasure: 2 units
(stimulates the use of drugs - alcohol, smoking):

FAMILY AND SEX ISSUES

- Inclusion in the Channel of the Deities that set the propensity for group sex (and business): 0 units
- The inclusion in the Channel of a number of Deities who have a propensity to engage in prostitution - 1 type - 0 units, 2 type - 0 units
- Inclusion in the Channel of the Deities that set the propensity for homosexuality:

Complex, increased interest in men: -

Complex, increased interest in women: -

- A dedication that stimulates the creation of a family to women (Hestia): -

DEDICATIONS CAUSING NEGATIVE IMPLICATIONS:

- Dedication, which causes destruction, mental instability: 0 units / further loads the mental level, reduces its resistance /
- Dedication, which causes the disease at different levels: 0 units
- Dedication, which blocks the body's vitality: -
- Dedication, which causes insomnia: **0.8 units**
- Dedication of Owls: 0 units // Skylark: 1.5 unit / Adjusting these dedications is only needed if you do not like such a mode
- Dedication to egregors who aspirate strength: **0 units**

QUESTION: What is the difference of these egregors and Yin-dedication?

ANSWER: Yin-dedication, which we test in the express map refers to the Yin-cults of the female type, which



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do not pose a threat to the wearer, but drain energy from the surrounding space. In the habits map we test the inclusions in the egregor, which suck in energy from the carrier itself.

- How harmful are these egregors?

- Their conditional harm is the outflow of energy.

The force of inclusion is determined on a 3-point scale: 0-1: weak, 1-2: medium, 2-3: high.

- **A dedication that makes a person ugly and weakens health**

(Dedication of ugliness): - 0 units

NOTE: The presence of Dedications of ugliness reduces the amount of attention of other people and as a result - the number of tags and evil eyes.

To reduce the amount of attention, to make yourself ugly, you can use Mandala ugliness. It helps when someone else's attention hurts any activities (for example, playing sports or when a child is in a public place, when you are in transport ...).

- **Dedication, which gives the energy of tastelessness: 0 units**

(affects food, poetry, painting, creativity).

NOTE: Food prepared by such people will be tasteless. Dedication of Demeter gives taste to food and everything, that a person does.

- **Dedication of tastelessness, bad taste - 0 units**

- influences the choice of clothing, makeup, hairstyle (tasteless clothing):

Dedication of good taste - style, which adds "taste".

Earthy: 0 units. Extraterrestrial: 0 units

About these people say that they have a taste and they look elegant.

Clothing and appearance are selected with taste.

- **Dedication, which causes the desire to swear: -**

/ Adjustment of dedication reduces this desire

- **Dedication, which causes the desire to put negative descriptions: 0.8 units**

/ Tags and negative writings destroy affairs, health and surrounding people

- Dedication blocking thinking: **1.5 units**

- Dedication blocking the memory: 0 units

- Dedication of negative attitudes towards learning: 0 units

- Dedication of negative attitudes towards work (dedication of idlers): 0 units

- Dedication that causes inclination to fraud –

- Dedication that encourages deception –

- Dedication, which encourages stealing (as a profession) –

- Dedications of negative attitudes towards wealthy people / wealth - 0 units / limits the desire to be rich and socialize with wealthy people, causes negative emotions to such people

- Dedication of negative attitudes to trade - 0 units

*Dedications that **suppress** occupation*



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o Theater art: 0.6 units

o Music: -

o Computers, IT -

o Investments: -

Dedications that **stimulate** occupation

o Theater art: 0 units

o Music: 0 units

o Computers, IT - 0 units

Review: Cleaning of complexes to work / Nikita

Very pleased with the effect after cleaning the complexes to work. What I used to do through force is now perceived easily, even some kind of enthusiasm appeared. I think the cleaning of such complexes in the long term will bring good results, like cleaning any other complexes.

Review: Cleaning of complexes to work / Aliya:

Thank you)) The center so coolly cleaned the previous time the complex of boredom to work and the meaninglessness of work that now it's impossible to breathe, so much has come about. Thanks again
!!!!!!!!!!!!!!



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DEDICATIONS WHICH AFFECT HORMONAL BACKGROUND

Women's Dedications that promote female hormones and quenches male hormones

- Dedication of Nicky - **0 units** / At values above 0.7 of Dedication for women - it will extinguish the hormones in the surrounding men, in such cases, the desired adjustment /
- Dedication Baltic - **1 unit**

Male Dedications that promote male hormones and quench female hormones

- Turkish Dedication - **1.2 units**
- Caucasian Dedication - **0.5 units**
- Asian dedication, enhancing the male hormones - **0 units**
- **Dedication producing (enhancing) male hormones - 0 units**

A dedication for men improves male hormones.

In women, it suppresses female hormones and unbalances the hormones.

It is desirable to regulate.

Note:

- 0-1 - weak signal
- 1-2 average signal
- 2-3 strong signal



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INITIATION OF ACTIVITY:

Dedication of business activity:

- **Dedication, causing the desire to sell - 0 units**
/ Stimulates the desire to engage in sales
- **Dedication stimulating sales - 0 units**
/ Encourages other people to buy from a carrier of such dedication
- **Dedication of business activity - 0 units**
/ encourages other people to buy from a carrier of such a dedication.
Dedication to entrepreneurial activity stimulates a person to engage in various types of business. Something to venture: business, sales, organize a business, various projects. Details: Business Dedications:
The necessary empowerments can be established.
Desired dedication can be set.
- **Dedication of social activity - 0.5 units** / intensifies desire to do something, makes people socially active.
The dedication of social activity makes a person active - he always wants to do something. For that person, just sitting still is torture.
- **Dedication of general activity**
 - African dedication of activity - 0 units / Adds the energy to run around the business all day. Reduces fatigue.
 - Indian dedication of activity - **0 units**
/ Makes the person active and resilient. The emphasis on physical activity.
 - South American dedication of activity - 0 units
/ Increases the activity and enterprise. Enhances business skills.

People with Dedications of activity (African, Indian, South American) can withstand greater loads and keep working longer. Details: Dedication of activity:

QUESTION: Do physical activity dedications help you play sports?
ANSWER: The main thing in sports is motivation.
Dedications of physical activity do not motivate, but increase the effectiveness of classes.
For example, 60% of field players of leading world football teams have African Dedication of activity, 25% - Indian Dedication of activity.
These Dedications allow you to achieve outstanding results in sports.
- **Dedication of scientific activity: 1 unit**
Dedication of scientific activity: stimulates the study and comprehension of the world, the discovery of new knowledge, areas of knowledge. Stimulates a person to explore the world and comprehend new secrets of the world.
- **Dedication of Psychologists:** Atlantic: 0 units, Lemurian: 0 units.
- **Dedication of Coaches, instructors (a man organizes seminars):**. 1.5 unit / a desire to conduct seminars, counseling /
- **Dedication of Masters, teachers - 0.3 units** / causes a desire to teach others, to give lessons /





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Writing:

- Dedication of Calliope - u
- / eloquence, the ability to describe beautifully, adds interest to stories and articles /: -
- Dedication of graphomania writers / gives a flight of fancy and a desire to write / -
- Extraterrestrial dedication of writing - ed
- / stimulates engaging in writing /
- Dedication, which hinders writing - 0 units
- / blocks writing an essay at school, short stories, novels, articles /
-
- **Dedication of workaholics - 0.5 units.**
- / stimulates hard work /

*(Often found in scientists. For example, Albert Einstein had it.
To become a famous academic, you need to engage in science all days long.
Egregor of ancient state in Africa, 20,000 years ago)*

SPECIAL CHANNELS: Slim, potency, beauty and hair growth

Overweight

- **Dedication, which lowers metabolism (causing excess weight):**
Type №1: 0 units Type №2: - units
- **Dedication, which stimulates metabolism (causing weight loss):**
Type №1: **1 unit** Type №2: - units

Note: When setting weight loss dedications, we automatically remove the obesity initiations.

Hair Growth

- **Dedication, which stimulates the growth of hair (on head): -**
Type №1: **0 units** Type №2: - units Type №3: - units.
- **Dedication, which blocks the growth of hair (on head): -**
Type №1: 0 units Type №2: - units Type №3: - units.
Note: When setting a hair growth dedication, we automatically remove the dedication, which dampens hair growth.
- **Dedication, which stimulates the general hairiness and strengthens nails / 2-5 type /: 1 unit**
Strong Dedication gives excessive body hair growth, strengthens the hair on the head (coarse hair) and makes the nails stiff. When adjusting Dedication, external stimulation of these processes is removed.
-



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Potency

- Dedication, nymphomaniac: 0.4 units
// at rates above 1 units, this dedication gives rise to a feeling of unfulfilled need for sex. At low rates, up to 0.5 units, it has a positive effect, creates a light background of attraction and increases the sensitivity of the woman /
- Dedication, which stimulates frigidity: 0 units
- A dedication that stimulates male sexual activity (potency): 0 units
- Initiation, which extinguishes male sexual activity (desire): 0 units

Necessary dedications can be established, negative dedications can be adjusted.

Beauty Dedications - Attractiveness

- Dedication of attractiveness of the Incas (male and female) - 0 units
/ adds feminine and masculine attractiveness and beauty /
- Dedicated of beauty of Tiferet (male and female) - 0 units
/ gives energy of Higher beauty and harmony - Tifereth's sephirs /
- African attraction dedication (male and female): - 0 units
/ adds energy to men and women of beauty and attractiveness /
- Syrian dedication to male sex appeal: - 0 units
/ adds to men sexuality in the eyes of women /

- Dedication of Pan(male and female) - 0 units
/ adds attractiveness, strengthens the energy of a human 15 arkan /

- Dedication of Amenity and Charm - 1 unit
- A dedication that makes a person enjoyable in sex - 0 units.
- Dedication, which sets a negative attitude towards men - 0 units
- Dedication, which sets a negative attitude towards women - 0 units

Tihe dedication - 0 units - of the Goddess of the happy events, whose energy extinguishes the aggression of others.

These energies pacify, calm others, quench conflicts around a person.



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Popular attraction channels

Male Beauty Dedications (tested in Magic Map)

- Dedication of Apollo
- Dedication of Freyr

Rarer Male Beauty Dedications (tested on the Habit Map)

- Syrian Dedication of Male Sexual Attraction
- African Male Beauty Dedication
- Dedication of the Incas
- Dedication of amenity

Female Beauty Initiations (tested in Magic Map)

- Dedication of Aphrodite
- Dedication of Freya
- Dedication of Ishtar
- Dedication of Demeter
- Eastern Goddess Dedication

EGREGORS AFFECTING HEALTH.

- Dedications that cause increased blood density: 1.5 units
- Dedications that cause inflammation of the sebaceous glands (on the skin) - 0 units
- Dedications that cause internal acne - 0 units
- Dedications that cause external acne (on face) / 1, type 2 / - 0 units
// Note: the level of treatment of plant and animal products also affects the appearance of acne - tested in the Energy Map
- Dedications that stimulate allergic reactions -
- Dedications that cause inflammation of the urogenital area -
- Dedication, which disrupts the ovaries, leads to painful periods - 1.5 units
- Dedication, which stimulates the formation of moles - 0.5 units

Note:

Adjusting dedications can cure a problem if the problem is based on it. In other cases, the adjustment of dedications only alleviate the situation.

- Dedications that cause constipation - 0 units
- Diarrhea dedications - 0 units
- Dedications that cause enuresis - 0 units
- Initiation that causes arrhythmia - 0.5 units
- Dedication that causes an increase in lymph density - 0 units
- Dedication, which causes sand in the kidneys - 0 units
- Dedication, which causes an increase in the prostate gland - 0 units
/ have high muscular tension /
- Dedication that causes susceptibility to viruses and bacteria -
- Dedication, which stimulates the disease of tonsils, tonsillitis - 0 units
- Dedication that damages the stomachs and stimulates gastritis and ulcers. - 1.5 u
- Dedication, which extinguishes the work of the pancreas - 0 units



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- / stimulates diabetes and other disorders /
- Dedication that disrupts thyroid function - 0 units
/ greatly affects the malfunction of the thyroid (!) /
- Dedications that cause back pain - stimulates the prolapse of discs and instability in the spine -
- Dedication, which reduce the processing of trace elements and contribute to the accumulation of salts -
/ Arthritis, osteochondrosis and other diseases may be associated with this /
- Dedication that stimulates hemorrhoids - 0 units
- Dedication, which blocks the work of the meridians (causes redness around the mouth) - 0 units

- **Inclusions in egregors that stimulate psoriasis and neurodermatitis:**
Type №1: 1 unit Type №2: 0 units Type №3: 0 units.
- **Inclusion in egregors that affect varicose veins:**
Type №1: 2 units Type №2: 1.5 unit Type №3: - units.
- **Inclusion in egregors that affect cellulite:**
Type №1: 1 unit Type №2: - units Type №3: - units.

QUESTION: Does it happen that there is an inclusion in the egregor, and the disease that it causes does not manifest itself?

ANSWER: It happens. While it is revealed that these factors stimulate the disease.

The level of their manifestation depends on many factors (total mental integrity, body resistance, etc.).

Note. Adjustment of one type: 50 ye, adjustment of 3 types: 150 ye

This usually relates to the complexity of the work and the severity of the disease.

- Dedication, which causes paradontosis - 0 units
- Dedication that stimulate tooth decay - 1 unit
- Dedication, causing strengthening of the teeth - 2 units
People with such a dedication have stronger teeth. You can set a dedication of 1-2 level /

- Dedication, stimulating early death -
- Dedication, which causes vasoconstriction, cold hands - 0 units

- Dedication, which suppresses the hormonal background in general - 0 units
- Dedication, which extinguishes the work of the kidneys - 0 units
- Dedication that quenches the pituitary gland - 0 units

- Dedication, causing inflammation of the skin -
- Inclusions in egregors that stimulate ear inflammation - otitis and hearing loss. - 0 units
- Dedications that increase sleep time and disrupt sleep. - 0 units
- Dedications that provoke asthma - 0 units
- Dedications, which provoke colds, runny nose - 0 units
- Dedication, which stimulates heart attacks - 0 units
- Dedication, which blocks the restoration of scars, skin and tissue - 0 units
- Dedication, which stimulates the swelling, blocks the exchange of liquids - 0 units
- Dedication, which increases the pores on the skin - 0 units
- Dedication, which gives dry skin - 0 units



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- Dedication, which gives dry skin around the mouth - 0 units
- Dedication, which sets the circles under the eyes - 0 units
/ Adjusting this initiation reduces dark circles under eyes /
- Dedication, which stimulates the papiloma virus -
- Dedication, which sets a high tone of the sphincter and can cause different types of constipation – units

OTHER CHANNELS. COMMUNICATION QUESTIONS.

- **Dedication that causes unwillingness to communicate and blocks the communication of other people - 0.5 units**
- Dedication, which reduces sexual attractiveness - 0 units
- Dedication, which enhances the smell of sweat - 0 units
- Dedication, which blocks the work of the stomach, causes bad breath -
- Dedication that prevents eloquence:
- Complexes that interfere with eloquence:
- Dedication that causes jealousy: -
- Dedication that stimulates hysteria: -
- **Dedication that stimulates communication - 0 units**

- Dedication of extraverts - 0 units
- Dedication of introverts (inner world) - 0
/ strong dedication can cause autism /

- Dedication that spoils mood, causes depression - 0 units
- Dedication that causes emotional instability -
- Dedication that sets shyness -
- Dedication that blocks the voice (making it obscure) - 2 units

- Dedication that causes gray hair - 0 units
- Stress complexes that stimulate gray hair (pigment burnout) - 3 units, 2 units

REVIEW: Adjusting sweat smell dedication / Nadezhda

I will write about the work done: the smell of sweat has become less, I am also ready to cry, because nothing has ever helped, and I did a lot of things!!! Low bow!!!

BAD AND USEFUL HABITS

- Dedication that causes a negative attitude to the bath - 0 units
- **Dedication that causes love to the bath: 1 unit**
- Dedication that causes aversion to alcohol - 0 units
- Dedication that causes aversion to drugs - 0 units
- **Dedication that causes a negative attitude toward video games: 1 unit** / can be put as a prophylaxis to avoid addiction
- **Dedication that gives love to the virtual computer world - 0 units**



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- Dedication that gives love to the real world, nature and hiking - 0 units

ACTIVITY

- Dedication that extinguishes vital energy (1, 2 type) - 0 units
 - Dedication that suppresses activity - 0 units
 - Dedication that dampens mental activity - 0 units
 - Dedication that extinguishes spiritual activity - 0 units
- / higher frequency level of activity on spiritual development /

KARMA

- Dedication that carries negative karma - 1.5 units
 - Dedication that causes the breakdown of equipment - 0 units
- / There are people, at the approach of which the equipment breaks down and stops working /

OTHER

- Dedications that add cold to the body causing increased susceptibility to cold and lower susceptibility to heat (recommended for those who live in hot countries): - 0 units
- Dedications that add heat to the body, reduce susceptibility to cold, cause discomfort in the heat (recommended for those who live in cold regions) - 0 units
- Dedications that provoke the desire to eat meat - 0 units

DEVELOPMENT:

- Dedication, which stimulates the practice of magic - 0 units
/ Dedication stimulates an interest in magic, magic practices, contains mental information on magic and healing
- Dedication, which stimulate the practice of healing - 0 units
/ Dedication sets the interest in healing, the desire to engage in healing to help people, contains a healing mentality
- Dedication, which stimulate the development - 1.5 units
/ It contains 18, 9 arkan energies, stimulates spiritual development, stimulates to engage in its own development, interest in new knowledge and experience.
- Dedication blocking driving - 0 units

CREATIVITY AND REALIZATION

- Dedication that sets not love of fashion, fashionable clothes -
- Dedication of love for fashion - 0 units
/ desire to dress fashionably and beautifully /
- Dedication of genius
/ attractiveness of your art works /
 1. Artists, designers, hand-made - 0 units (stimulates the genius of artists - a sense of beauty)
 2. Dedication, which stimulates the genius of the writers - 0 units
(Pushkin, Tolstoy, Lermontov, Rowling Dojan, Jules Verne, Harry Harrison - feeling as if the work is filled with something) -
- Dedication of composers, musicians - 0 units



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TECHNOLOGY EVOLUTION

- Dedication bloggers - 0 units
- **Dedication of actors / makes the person a bright personality / - 0 units**

HEALTH ISSUES

- Dedication that stimulates headaches - 0 units
- Dedication that increases the pressure - 0 units
- Dedication that lowers the pressure - 0 units
- Dedication that sets strokes - 1.2 units
- Dedication that blocks the work of the liver -
- Dedication that blocks the work of the spleen -
- Dedication that stimulates Parkinson's disease (tremor) - 0 units
- Dedication that stimulates Alzheimer's disease (memory) - 0 units
- Dedication that stimulates stoop - 0 units
- Dedication that stimulates the formation of blood clots - 1 unit
- Dedication that sets the curvature of the teeth - 0 units
- / teeth do not grow evenly or are tilted or find one on another /
- Dedication that increases the total energy of death in the body - 0 units
- / affect the carrier itself /
- Dedication that causes a decrease in acidity - 0 units
- Dedication that affects the vision - 0 units
- **Dedication of joint flexibility -**
/ increases mobility of joints and ligaments, a person more easily sits in a lotus and twine /
- Dedication of joint stiffness - 0 units
/ joints are inactive, interferes with yoga exercise /
REVIEW: There are interesting dedications that cause a decrease in joint flexibility. This is especially noticeable for those who practice yoga and cannot sit for a long time in lotus and splits.
Conversely, there are dedications into an egregor that add flexibility to the joints.
Usually, yoga instructors often have a second dedication, which helps them to demonstrate increased flexibility.
Special offer: When setting a dedication to flexibility of joints with a bonus, we adjust the dedication of the stiffness of joints.
- Dedication, which weakens the nails - 0 units
- Dedication, causing negative changes on the elements / type 1 - **0 units**; 2 type - **0 units**; 3 type - **1 unit**; 4 type - **1.5 units** /



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TECHNOLOGY EVOLUTION

OTHER DEDICATIONS

- **Dedication of popularity among the powerful, socially important people - 0 units**
/ Dedication increases the favor of socially significant and rich people, reduces the number of black magic hits /
- **Dedication, causing black-magical aggression**
(1 type - 1 unit, 2 type - 0 unit, 3 type - 0 unit, 4 type - 0 unit, 5 type - 0 unit)
/ Dedication significantly increases the attention of aggressive people and people who engage in black magic, and provokes them to be active aggressive towards you. /
- **Dedication of Lawyers - 0.5 units**
- **Dedication of Plutos - stimulates the accumulation of real estate, knowledge in management and business - 0.5 units**
 - Dedication, stimulating the absence of real estate - 0 units
 - Dedication, which blocks a sense of humor - 0 units
 - Dedication of humorists - 0 units
- **Negative attitudes by region**
 - Latinos -
 - Africans -
 - Asians -
 - Arabs -
 - Mongoloids -

HEALTH ISSUES

- **Dedication, which reduces colds - 0 units**
- Dedication, which increases the oiliness of the skin and hair - 0 units
- Dedication, which weakens the lungs - 0 units
- Dedication, which weakens the throat - 0 units
- Dedication, which increases the hygroma and hydrophs - 0 units
- Dedication of motion sickness - 0 / stimulates nausea in the vehicle and transport /



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NEW RESEARCH

- Dedication that provokes the attacks of others - 0 units
- Dedication that causes disgust, makes a person unpleasant in the eyes of others - 0 units
- Dedication that increases the voltage of the surrounding stream (16 arkan) - 1.5 units
This will set a strong tension in communication.
- **Swiss Dedication of customer retention - 0 units**
/ stimulates customer base education, attracting and retaining customers, 1-3 level, is rare /
- **Lemurian Dedication to keep money - 0 units**
- Dedication of wen (education under the skin) - 0 units
- Dedication of singles (it is difficult for people to form any alliances) - 0 units
/ you can communicate, but it is difficult to form stable ties /
- Dedication of stupidity (1, 2, 3 type) - 0 units
- Dedication that suppresses development - 0.5 units
- Dedication that extinguishes the will - 0 units
- Dedication that extinguishes personal power - 0 units
- Dedication that extinguishes interest - 0 units
- Dedication that quenches the work (not working) - 0 units
- Dedication that stimulates the work - 0 units
- Dedication that causes the interest of dark personalities (stimulates love spells) - 0 units
- Dedication that extinguishes cash flow - 0 units
- Dedication that stimulates military conflicts - 0 units.

NOTES

The state of health is affected by the number of signals and the strength of the signals.
Signal strength up to 1 unit - weak signal, 2 units: medium signal, 3 units - strong signals.

In the habits map, we indicate factors that negatively affect the state of human systems.
But other factors can influence the overall state of the systems.

We guarantee that the adjustment of these parameters improves the condition of the systems.
Sometimes this is enough to completely solve the problem.



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TECHNOLOGY EVOLUTION

ATTACHMENT 1: FREQUENTLY ASKED QUESTIONS.

QUESTION: Why can egregors carry negative load sometimes?

ANSWER: Some wars and conflicts that occurred millions of years ago with the use of high-tech weapons sometimes leave powerful effects on planetary systems, peoples, nations, races.

Inclusion in these egregors will affect the work of some systems, set some individual characteristics.

We were surprised when the adjustment of these egregors gave such a high performance!

When very serious problems that have tormented a person for life, psoriasis, constipation, etc. passed when we removed person's engagement in some ancient egregors.



Why do egregors give a motivational signal?

ANSWER: It all depends on the people who became part of this egregor. In the process of life of the egregor, all kinds of people with different motivations came across. The motivations of these people, the Deities form the motivation signal of the egregors.

And at the exit you can get the strangest motivation. For example, the Arabian egregor of shepherds and merchants is now motivated to learn many languages.



And the egregor of the Druids, who were associated with the cult of the plant, are now often found among the sellers of meat. And this is only because individuals who like meat and work with live meat have fallen into the egregor.



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TECHNOLOGY EVOLUTION

QUESTION: Why do some dedications carry destructive signals?

ANSWER: This applies mainly to the ancient egregors, in the history of Humanity there were hundreds of thousands of them. As a result of wars or geopathogenic zones, negative qualities have formed, which can cause instability of the body's work or negative behavioral patterns.



Technology. Adjustment of Dedications.

Adjustment of Dedications (inclusion in egregors),

carrying negative characteristics - are currently one of the most effective technologies for health, along with the removal of residual muscle tension and mental injuries, and it gives the most rapid effect.

If the adjustment of muscle tension has a lasting effect on the alignment of mental bodies, which can take several months, then the effect of the adjustment occurs within two to three weeks.



If we have not noticed any dedications, but you feel problems - you can write to us and we will recheck again, since testing is a rather complicated process.



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TECHNOLOGY EVOLUTION

QUESTION: What are the dedications of the 1,2,3 types in the Habits Map?

ANSWER: In different cultures, at different times there were different dedications. For example, activity has 3 types of dedication. Similarly, there are different types of dedications, egregors of which due to various factors (cataclysms, geopathic zones, etc.) acquired parameters that negatively affect the indicators in the map.

QUESTION: How important is the power of parameters of 1-2-3 units for Dedications? How do they affect a person?

ANSWER:

This is all quite conditional, as many factors affect. Social conditions, circumstances, etc. But, for example, 2-3 units of smoking - almost guaranteed that a person tends to smoke. But all this is individual.

QUESTION: How do personal complexes and complexes from the Higher plans influence?

ANSWER:

We are testing the signal of influence on a person. Motivation from the Higher Plans or own in principle does not matter. By adjusting this you can stimulate one or another direction in a person's life.

QUESTION: The Hettyd Dedication is mentioned in the Habits Map. Can you tell more?

ANSWER: This dedication is found in people who are embodied in a particular extraterrestrial planetary system. This theory is mentioned in the materials of yoga schools Statsenka Gennady Grigorievich.

According to the theory of these schools, Inclusion in Hettyda is described in the fairy tale by A.S. Pushkin Tale of the Fisherman and the Fish.

In short, the energy that comes from the egregor is characterized by the desire to swear (sluggish swearing), passive stance, lack of money.

QUESTION: And which of these is more dangerous? : • Complex desire for pleasure (stimulates the use of drugs - alcohol, smoking, drugs) or • Having connections with the elements who want to use drugs?

ANSWER: We recommend to clean the desire complex first and foremost, since it has been working for millions of years. And the presence of allies varies over tens of thousands of years.



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TECHNOLOGY EVOLUTION

QUESTION: A dedication of death (a magic map) and a dedication that increases the energy of death in the body (a habit map) are similar? If there is a 2x single dedication of the energy of death. How critical is it??

ANSWER: Dedication of death is technology for accelerated development.

A dedication that increases the energies of death is the result of ancient military clashes using the energies of death.

The energies of Death in this case suppress the energies of Life.

A strength of 2 units is a measure of the conditional value of the suppression of the energies of life.

2 units is the average level.

QUESTION: You have not yet found the dedication that stimulates gallstones?

ANSWER: To reduce the risk of gallstones, increase cholesterol treatment. This parameter is tested in the Energy Map of the personality.

Dedication that affect the processing of cholesterol have not yet been identified.

You can increase processing at the Assembly Point level.



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TECHNOLOGY EVOLUTION

ATTACHMENT. DESCRIPTION OF CERTAIN DEDICATIONS

Arthritis, osteochondrosis and other diseases.

NOTE: There are inclusions in egregors that reduce the processing of trace elements and promote salt accumulation. Arthritis, osteochondrosis and other diseases may be associated with this.



The work of the stomach. Acidity and worms.

One of the causes of the appearance of worms in the body is the lack of acidity in the stomach. A dedication that extinguishes the work of the stomach and causes bad breath at the same time lowers the acidity and can provoke the appearance of worms. This is tested in the Habits Map. But in any case, it is desirable to wash hands and food before use.

Adjustment of peristalsis and constipation.

NOTE: The ancient yogis believed that the adjustment of peristalsis was considered a very important task. That the person was eating right and regularly went to the toilet. There are even yoga exercises to normalize peristalsis.

We found that there are ancient dedications into the egregor, which cause constipation - it blocks the process of excretion of toxins through the intestines.

The man begins to rarely go to the toilet. Some have convinced us that walking every 3-4 days is normal. Others believed that persistent diarrhea is also the norm, and it is common for everyone.



In the Habits Map, we test the inclusion in the egregor, which causes an increase in constipation and diarrhea.

Their adjustment has a positive effect on the process of removing toxins.



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TECHNOLOGY EVOLUTION

REVIEWS. Bowel adjustment

REVIEW: Adjustment of Dedication that causes constipation / Zinaida

From time to time there were constipation, which caused trouble. Asked to adjust the dedication, which causes constipation.

Now everything is normalized as in the best version.

REVIEW: Adjustment of Dedication that causes constipation / Sergey

I had no problems with the chair, but when I tested a small dedication that increased the constipation of 1.5 units, I decided to try.

After it was adjusted, this process became much more active, more pleasant and regular.

REVIEW: Adjustment of Dedication, extinguishing the work of the stomach (unpleasant smell) / Pavel

The child had a problem - bad breath. We asked to remove the dedication, which quenches the work of the stomach and produces this smell. And in two weeks the smell disappeared!! And no longer appears! Thank!

REVIEW: Adjustment of dedication of varicose veins / Victoria

Since you took off my dedication which contributes to varicose veins, several weeks have already passed. What can I say, it became easier to walk, legs ache less. Earlier in the evening, legs were tired even if they were sitting at the table all day, now they are less tired. Further it will be even better, I hope so.





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TECHNOLOGY EVOLUTION

Skin quality Improvement

REVIEW: Adjusting Skin Dedications / Sergey

Ordered adjustment of the dedication of inflammation of the skin - and after a couple of weeks I noticed that I began to get pleasure from the skin! It has become more velvety, silky, I begin to get pleasure from the whole body - from the fact that just it is!!! Previously, I did not have this!



it

REVIEW: Adjustment of dedication, which causes dry skin / Alina

My skin dried up when I moved from a wet climate to a dry one and when it is getting colder. After the dedication has been removed, the skin is not dry. Now it's 13 degrees, I do not use daily cream and skin is in order.



REVIEW: Adjusting Psoriasis / Victor

There was psoriasis. Large spots on the abdomen, legs, elbows, arms and head. It began after intense experiences at the university. It lasted 30 years. It interfered with communication with people, especially with women. Very shy.

In the Habits Map, there are 3 dedications that stimulate psoriasis. They were removed. Spots decreased by 60%, but after a stress again shattered. After that, the residual muscular strains were removed in the Body Map, which caused psoriasis. After that, psoriasis was 95% removed!!

Only a couple of small specks of the size of a coin are left!

REVIEW: Adjustment of dedication, which causes redness around the mouth / Alina

When immunity fell slightly, I noticed in the offseason, plus in low humidity redness around the mouth. After removing the dedication, I completely forgot about this problem. It has not appeared anymore.



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TECHNOLOGY EVOLUTION

QUESTION: Tell which Christian dedications cause craving to smoke.

ANSWER: There are many Christian orders in different directions of Christianity. We do not describe negative characteristics, so that it is not used for negative purposes.

We ourselves observed several cases in which the information laid out in the healing section was used for negative purposes.

Therefore, we have a strict moratorium on the description of combat technologies and the technologies that can be used in ferrous magic practice.



Plus, certain Higher Forces limit us in disseminating information related to working with Karma, technologies of dedications, features of some Deities, some technologies of working with the Sephiroth Tree and Runic egregor, etc. In general, with practices that can be used to harm.

NOTE: There is a Dedication that causes negative attitude towards alcohol.

Often, people who advocate giving up alcohol have this Dedication.

NOTE: There is inclusion in the egregor, which causes a rejection and aversion to alcohol.

There is also a dedication that blocks the work of the meridians (this appears as redness around the mouth).

In the Habits Map, several types of dedications that stimulate psoriasis and neurodermatitis are being tested.



QUESTION: I have a Dedication of Alcohol Rejection in my habits map. Is it physiological or at the level of beliefs? Can I install it to others?

ANSWER: This is one of the egregors in which there is a negative attitude towards alcohol. Yes you can. We mainly use it as a prophylactic. When there is alcohol dependence, it does not give quick results, but it is suitable for prophylaxis.



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TECHNOLOGY EVOLUTION

QUESTION: What does dedication blocking the magical perception of the world mean?

ANSWER: This is an egregor in which a strong disbelief in magic and esotericism is formed.

And people with such strong dedications receive a signal that causes a harsh denial of some areas of higher intelligence and it will be superimposed on some beliefs of the person, his perception.

A person understands and feels everything, but a signal is imposed, which causes doubts.



QUESTION: Is there a description of this dedication, how does it manifest? "dedications that give the bent of those in power"

ANSWER: People with the dedication of the "Favor of the Power of the Affluent" cause a pleasant impression from socially significant people.

This pleasantness is superimposed on other "bad" qualities of a person and improves the impression of him. This dedication is tested in the Habit Map.

QUESTION: How much does dedication of prostitution affect a person's fate?

ANSWER: In one case, which we observed, a woman with a strong dedication (3 units) had a well-paid job and high status, but she left everything and started to engage in prostitution and said that she liked it.

Usually people with this dedication, even if they have a good job in parallel, can work in this area. This dedication greatly influences motivation.



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TECHNOLOGY EVOLUTION

ATTACHMENT 3. Description of individual channels.

The note. How to increase vitality? 3 ways.

ANSWER: We can point out several factors that increase vitality.

№1. Dedication of African activity. A person with this dedication becomes active, sharp, the rapidity of movement increases. For an example, look at how characters of actors Jean-Renault behave themselves (Aliens movie, about time travelers). or movies with John Bernthal. See how swiftly and actively they act.



№2. Level 2 energy swap programs (with fire elementals). Example: Konstantin

Raikin (film by Trufaldino Bergamo), Pierre Richard and Gerard Depardieu (film Unlucky). Man becomes fiery.



№3. Dedication of Indian Activity. There are in good condition at Omar Sy (film 1 + 1).



NOTE: In this video is a pop singer with an Indian Initiation of activity. She also has the Eastern Goddess Dedication, Saraswati, and Amaterasu.

<https://www.youtube.com/watch?v=tXx5-53vvUm>



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TECHNOLOGY EVOLUTION

NOTE: Dedication of workaholics.

Often found in scientists. For example, there is Albert Einstein. To become a famous academic, you need to engage in science every evening.

Egregor of ancient state in Africa, 20,000 years ago.

Dedication of workaholics is quite rare. We found such a dedication at Margaret Thatcher, who is known for working with pleasure from morning to evening and infected her team with perseverance.



Owls and larks

People have conditional separation: Owls, Larks and something in between. Owl man or Lark is determined by the presence of special Dedications.

Owls have a desire to work and be active at night. Larks get up and go to bed earlier. There are about 30% of owls on Earth, about 15% of larks. The rest of the people can work both modes. Sometimes there are conflicts in the family, if the parents are a morning person and the children are Owls.



This parameter can be adjusted. Remove Dedication to stay up late. Add Dedication to get up early.



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TECHNOLOGY EVOLUTION

Topic: How not to freeze in the winter and not to overheat in the heat.

1. Dedication of heat and cold.

There are dedications that give out a large amount of cold the planet are arranged in accordance with these dedications. People who were born in the northern zone high rates of heat, if possible, will move to the northern countries, where the weather compensates for their excess heat.

Conversely, children born in the north with high dedications of the cold severe discomfort and are sent closer to the equator.



Over the Arctic Circle there are people with high states of internal heat. Others do not survive there. Details: <https://ezohata.com/node/post/1090.2>.

2. Processing of heat and cold.

In addition, how much a person easily transfers heat and cold is influenced by the parameters of the Light of Consciousness: how much a person easily assimilates, processes the energies of cold and heat.

For example, when processing cold / heat energies above 65%, it will be easier for a person to tolerate cold and heat.

You can adjust the Light of consciousness so that with an excess of external heat or cold, this heat is absorbed faster.

REVIEW: At the beginning when it became possible to reduce the cold and increase the heat, I ordered adjustment to the cold dedication and the heat dedication. In winter, it became very comfortable. But then my trips to the bath began to cause severe discomfort. I began to feel overheating in the steam room. Then I ordered a "processing of cold and heat." As a result, the state of comfort has increased significantly. Now, when the hard frost is not so cold and when there is a very big heat - I do not feel any discomfort since I also do not experience it before!



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TECHNOLOGY EVOLUTION

What to do if a person is constantly cold and does not tolerate cold?

Sometimes there are people who are constantly cold, they do not tolerate cold, they often feel cold and their favorite place to stay is in warm countries, closer to the sun. Such people can often be found in warm countries, like foreigners who have moved to live there.

In contrast, there are people who are uncomfortable during the heat and they love the cold. Gradually, these people tend to move to cold countries. They can be found in Canada, Norway, Sweden.

The problem arises when in one family there are people with different types: one needs heat, and the other needs cold for a comfortable life.



One of the reasons for the love of cold and heat is the presence of ancient dedications.

- 1) There is a separate dedication that makes a person susceptible to cold - he does not tolerate it well, but loves the heat. The best gift for such a person is to lie in the sun in warm countries.
- 2) The second type of dedication sets "inner heat." Such a person easily tolerates cold, but poorly tolerates heat.

For example, Porfiry Ivanov has a dedication of "internal heat", 4 units.

These dedications can be regulated and set, thereby regulating the body's work under the conditions in which you are.

For example, if you have to work in the far north, it is better to remove the cold susceptibility dedication and add the "inner heat" dedication.

If you live or work in warm countries and do not like the heat, you can adjust the dedication of "internal heat".

Adjusting these dedications helps increase inner comfort.

Testing of the dedications of susceptibility to cold and internal heat is conducted in the Habits Map.



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TECHNOLOGY EVOLUTION

REVIEW: Adjustment of initiations of cold and heat / Vladimir

Usually in February there was a desire to shift to warm countries from the cold climate of the middle zone. I have a dedication of cold adjusted and "inner heat" dedication added. This led to the fact that the cold is felt normally, I stopped freezing. But from the minuses the fact that the desire to dump somewhere in the winter to warm countries has decreased significantly.



QUESTION: Do you think that an increase in body temperature from the practice of sensory and bioenergy is a consequence of errors or it turns on and dedication of internal heat is triggered.

ANSWER: In winter, this is often the result of colds. :)

Mostly from the energy practices there is a "feeling of warmth", but the real change in body temperature is rare. You can try a thermometer to measure the temperature change with different practices and describe the results to us.



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TECHNOLOGY EVOLUTION

Factors that affect premature graying and baldness.

1. Muscle tension cleaning mainly affects baldness. Strengthening of this zone begins from the moment of muscular tension cleaning and occurs within half a year.

2. Graying is Dedication, which causes early gray hair.

In all cases of early graying, which we considered, including graying from 20 years, this Dedication was present.



When we regulate this dedication, we remove one of the reasons that causes early graying in a person.

Removing this Dedication is the prevention of early graying.

In addition, the residual muscular tension that is present in the area of hair growth is weakened by hair. But they do not affect more early graying but baldness.

3. Sometimes the condition of the hair is strongly influenced by the signals of old age from past incarnations. This can be tested in the Energy Map and removed.

4. In addition, severe stresses can influence early gray hair.

This can be adjusted.

5. In addition, nutrition affects the condition of the hair - enough vitamins and microelements.

The presence of muscle tension is tested in the map of the body.

The presence of dedications that affect graying and baldness are tested in the Habits Map.



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TECHNOLOGY EVOLUTION

Causes of hair grayness

In humans, there are a number of stress complexes that cause premature graying of hair.

These are some kind of strong stress, where a person is burned through. And it does not depend on the direction of stress, but on a strong emotional experience, reaction to it.

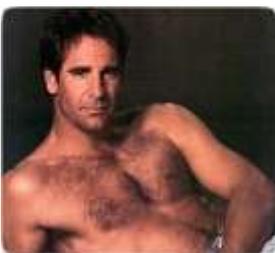
For example, for someone the death of a grandmother is not traumatic, but for someone there is a lot of stress. A person has a number of stressful moments and they periodically recur.



Together with the inclusion in the egregor, which causes graying, they are one of the reasons for premature graying. These complexes are tested in the Habit Map.

NOTE: There is an interesting dedication in the territory of Africa-Syria,

which gives hairiness on the body, eyebrows grow strong, but the hair still falls out, almost does not affect the bald spot.



QUESTION: Are there any negative consequences of the dedication of increased metabolism, negative affecting qualities on something? What information or quality does this dedication give?

ANSWER: This is an Extraterrestrial Dedication, swinging for a long time. But over time, the person becomes thin. There are no other additional qualities or skills yet.



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TECHNOLOGY EVOLUTION

What is the reason for big and small height. Prevention and adjustment.

There are ancient dedications that affect the hormonal system in such a way that the bone and muscular systems begin to grow. For example, such a dedication has Richard Kiel.

And there is also a Dedication, which, on the contrary, changes the hormonal system in such a way that people have a small height. Many of the Lilliputians who perform in movies and the circus have these strong dedications. Not all, but the most part.

Often those people who are tall or short have remnants of dedications of the Lilliputians and giants. In addition, the height can be influenced by the genetic characteristics of different peoples, the hormonal activity of individual people.



For example, in the photo these people have strong Dedications of Lilliputians and giants, 4 units each.

As a preventive measure, it is possible to detect the presence of these Dedications in children in the early stages and thereby adjust them so that there is no problem in height and development. Both strong dedications can create serious health problems.

- Would it be helpful to adjust these Dedications for an adult?
- The most intensively the parameters of the body change in the period of the hormonal jump, in the period from 12 to 18 years. As adults, these dedications continue hormonal distortion, which creates health problems.

Adjusting these Dedications in adulthood reduces the burden on the hormonal system and improves health. Dedications of Lilliputians and Giants are tested in the Habits Map.